
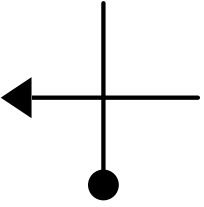
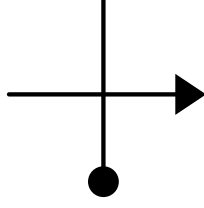
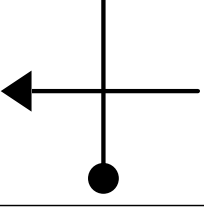
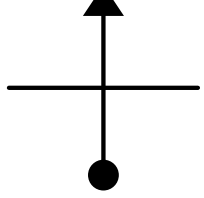
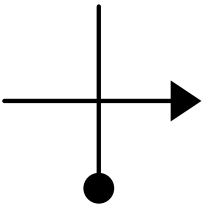
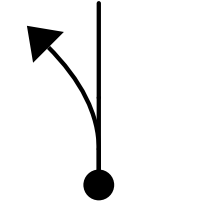
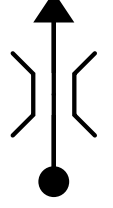
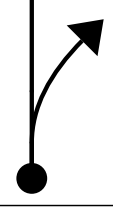
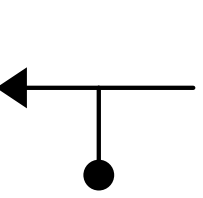

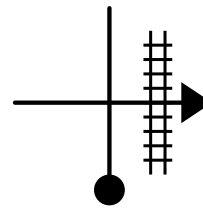
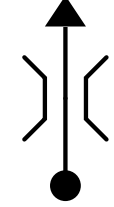
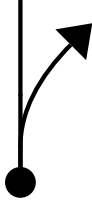
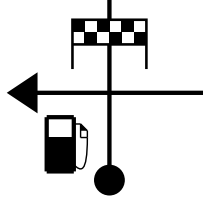


| RCO - Stage 1, Prologue | | Page 1 |
|-------------------------|----------------|---|
| From | Whalley | |
| To | Port Coquitlam | Distance 21.1 km |
| Leg | 1 | Time min |
| | Section | Speed km/h |
| Total | 0.0 |  Start at back of Whalley Round-Up Cafe. Head right (North) out of parking lot. |
| Partial | 0.0 | |
| Total | 0.1 |  Left at 105th Ave |
| Partial | 0.1 | |
| Total | 0.4 |  Right at University |
| Partial | 0.3 | |
| Total | 1.0 |  Left at 108th Ave |
| Partial | 0.6 | |
| Total | 1.0 |  Straight on Old Yale Rd |
| Partial | | |

| RCO - Stage 1, Prologue | | Page 2 |
|-------------------------|----------------|---|
| From | Whalley | |
| To | Port Coquitlam | Distance 21.1 km |
| Leg | 1 | Time min |
| | Section | Speed km/h |
| Total | 3.4 |  Right at Scott Rd |
| Partial | 2.4 | |
| Total | 4.6 |  Keep left to head to New Westminster |
| Partial | 1.2 | |
| Total | 5.8 |  Cross Patullo bridge |
| Partial | 1.2 | |
| Total | 6.3 |  Take first off ramp after Patullo. Stay in left lane |
| Partial | 0.5 | |
| Total | 7.2 |  Turn right on Columbia |
| Partial | 0.9 | |

| RCO - Stage 1, Prologue | | Page 3 | |
|-------------------------|----------------|---|--|
| From | Whalley | | |
| To | Port Coquitlam | Distance 21.1 km | |
| Leg | 1 | Section | |
| | | Speed km/h | |
| Total | 8.8 |  | Keep right |
| Partial | 1.6 | | |
| Total | 10.0 |  | Right across railroad tracks |
| Partial | 1.2 | | |
| Total | 10.4 |  | Cross bailey bridge |
| Partial | 0.4 | | |
| Total | 14.9 |  | Turn right onto Mary Hill bypass |
| Partial | 4.5 | | |
| Total | 21.1 |  | Left at Kingsway. turn into Chevron. End of Prologue |
| Partial | 6.2 | | |